

The book was found

Autentico: Cooking Italian, The Authentic Way



Synopsis

Autentico is an introduction to the true flavors of Italy. From the bright notes of fresh olive oil to the hearty warmth of slow-cooked ragù, Rolando Beramendi, importer and connoisseur of the finest ingredients from Italy, has crafted a perfect guide to authentic Italian food. Unlike many Italian cookbooks, Autentico goes far beyond pasta. In a world where culinary shortcuts, adulteration, misleading labeling, and mass production of seemingly “authentic” food rule, culinary archaeologist, innovator and cooking teacher Rolando Beramendi has kept centuries-old culinary traditions alive. That’s authentic! In Autentico, Rolando details how to make classic dishes from Spaghetti Cacio e Pepe to Risotto in Bianco and Gran Bollito Misto as they are meant to be – not the versions that somehow became muddled as they made their way across the globe. Among the 120 recipes, you’ll find Baked Zucchini Blossoms filled with sheep’s milk ricotta; Roast Pork Belly with Wild Fennel; Savoy Cabbage Rolls made with farro and melted fontina; Orecchiette with Sausage and Broccoli Rabe; Risotto with Radicchio; and a Lamb Stew with ancient Spice Route flavors that have roots from the times of Marco Polo and could have been served to the Medici during the Renaissance. And of course, there are dolci (desserts): Summer Fruit Caponata, Meringata with Bitter Chocolate Sauce, and a simple, moist, and succulent Extra Virgin Olive Oil Cake. Colored by the choicest ingredients from the shores of Italy and beyond, the pages of Autentico offer a rich taste of the Italy’s history, brought to life in the modern kitchen.

Book Information

Hardcover: 384 pages

Publisher: St. Martin’s Griffin (October 24, 2017)

Language: English

ISBN-10: 1250124972

ISBN-13: 978-1250124975

Product Dimensions: 5.9 x 0.9 x 8.3 inches

Shipping Weight: 1.7 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #379,768 in Books (See Top 100 in Books) #122 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Pasta & Noodles #373 in Books > Cookbooks, Food & Wine > Italian Cooking #1263 in Books > Cookbooks, Food & Wine > Regional & International > European

Customer Reviews

“Rolando Beramendi has had an enormous impact on American food. His fingerprints are all over our business here at Zingerman’s, and I know we’re not alone.” -Ari Weinzweig, Zingerman’s

“Rolando Beramendi brings the bounty of Italy to our tables with recipes that celebrate the vibrant ingredients and fresh flavors of his home country. A true talent in the kitchen, Rolando tantalizes us with everything from vegetable-friendly contorni to fruit-forward, rustic desserts. Autentico is bellissimo! - David Lebovitz, author of *L’appart* and *My Paris Kitchen*

“Rolando Beramendi has an unrivaled passion for the Italian foods he sells...With unbridled and infectious joy, Rolando speaks of their history, explains how to use them, even how to eat them. I truly believe that if it weren’t for Rolando, the Italian food products available in America would not nearly be at the high level of quality they are now. Cooks and diners alike in America owe Rolando a debt of gratitude.” -Nancy Silverton, chef/co-owner of Mozza Restaurant Group

“Rolando has an amazing eye (as well as a nose and a palate) for the very best in food and drink, and he is as apt to find it in a peasant farmhouse in Tuscany as he is in an aristocratic palazzo in the Veneto.” -Nancy Harmon Jenkins

“Rolando arrives at my house like a gust of spring, laden with new ideas, recipes and flavors. Bolstering his enthusiasm is a profound knowledge of Italian food, based on experience in the kitchen as well as at the table of Italy’s greatest cooks. The idea that all of this will be encapsulated in a book that I can consult at will is very exciting.” -Mary Taylor Simeti, author of *On Persephone* and *Island: A Sicilian Journal* (Vintage) and *Pomp and Sustenance: Twenty Centuries of Sicilian Food*

“Americans should be thankful to Rolando for the wonderful products that he has introduced to this country.” -Rosetta Costantino

ROLANDO BERAMENDI is the founder of the Italian fine food importer Manicaretti and a frequent winner of Specialty Food Show awards. Truly a “chef” chef, his products, cooking classes, and culinary expertise have been praised by luminaries such as Ina Garten, Alice Waters, Mario Batali, Thomas Keller, Nancy Silverton, and many more. He splits his time between New York, San Francisco, and his home in Florence. Autentico is Rolando’s first cookbook.

[Download to continue reading...](#)

Autentico: Cooking Italian, the Authentic Way Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes Italian: Short Stories for

Beginners + Italian Audio: Improve your reading and listening skills in Italian. Learn Italian with Stories (Italian Short Stories Book 1) Arreglos de Tango Para Piano En Autentico Estilo Argentino: An Essential Guide to the Correct Playing of the Argentine Tango Including 10 Transcriptions Easy Hawaiian Cookbook: Authentic Tropical Cooking (Hawaiian Cookbook, Hawaiian Recipes, Hawaiian Cooking, Tropical Cooking, Tropical Recipes, Tropical Cookbook Book 1) Childrens Italian books: Animal counting fun. Contare con gli animali è un gioco divertente: Learn Italian with stories. Children's English-Italian Picture Book ... books for children Vol. 2) (Italian Edition) Mi piace aiutare (italian kids books, italian baby books): libri per bambini, libri per ragazzi (I Love to Help) (Italian Bedtime Collection) (Italian Edition) Children's books in Italian: Gifts for you, Mama. Dei regali per te, Mamma: Childrens Italian book (Bilingual Edition) Children's Picture book English Italian. ... books for children Vol. 8) (Italian Edition) Children's books in Italian: Peekaboo baby. Cucu' mio piccolino: (Bilingual Edition) English-Italian Picture book for children. Bilingual English Italian books ... books for children Vol. 1) (Italian Edition) Children's book in Italian: Where are the Easter Eggs? Dove sono le uova di Pasqua: Childrens Italian books, Children's Picture Book English-Italian ... for children) (Volume 10) (Italian Edition) Italian: Short Stories for Beginners: Improve your reading and listening skills in Italian. Learn Italian with Stories (Italian Edition) The Classic Italian Cook Book: The Art of Italian Cooking and the Italian Art of Eating Italian Short Stories for Beginners, Volume 2 [Italian Edition]: 8 More Unconventional Short Stories to Grow Your Vocabulary and Learn Italian the Fun Way! Italian Short Stories For Beginners: 8 Unconventional Short Stories to Grow Your Vocabulary and Learn Italian the Fun Way! (Italian Edition) Cooking for One Cookbook for Beginners: The Ultimate Recipe Cookbook for Cooking for One! (Recipes, Dinner, Breakfast, Lunch, Easy Recipes, Healthy, Quick Cooking, Cooking, healthy snacks, desserts) Cooking for Two: 365 Days of Fast, Easy, Delicious Recipes for Busy People (Cooking for Two Cookbook, Slow Cooking for Two, Cooking for 2 Recipes) 26 Italian Songs and Arias: An Authoritative Edition Based on Authentic Sources [Medium / High] (Italian and English Edition) Easy Jamaican Cookbook: 50 Unique and Authentic Jamaican Recipes (Jamaican Cookbook, Jamaican Recipes, Jamaican Cooking, West Indian Cookbook, West Indian Recipes, West Indian Cooking Book 1) Easy Portuguese Cookbook: 50 Authentic Portuguese and Brazilian Recipes (Portuguese Cookbook, Portuguese Recipes, Portuguese Cooking, Brazilian Cookbook, Brazilian Recipes, Brazilian Cooking Book 1) The Food & Cooking of Russia: Discover the rich and varied character of Russian cuisine, in 60 authentic recipes and 300 glorious photographs (The Food and Cooking of)

[Contact Us](#)

DMCA

Privacy

FAQ & Help